

## Step Discussion Meeting

Welcome everyone to this online step meeting of Alcoholics Anonymous.

My name is \_\_\_\_\_ and I'm an alcoholic.

A bit of housekeeping - please note that the secretary will be able to mute your audio until you're called to share. This won't stop you being able to hear us, it'll just ensure no background noises affect others being able to hear who's speaking. Throughout the meeting the secretary will be able to unmute anyone who is called to share.

Please may we have a moment of silence for the still suffering alcoholic.

PAUSE FOR 20-30 SECONDS.

Because of the unique circumstances resulting in the set-up of these meetings, although the format might be similar to ones you are familiar with in closed meetings, when sharing, we suggest you would share as you would in an open meeting. This is because we have no way of knowing if someone is recording this meeting using a third-party device. There is an option to remove video if you wish. In the spirit of Tradition-12, Anonymity is the spiritual foundation of all of our traditions, so we would ask you to be mindful of that.

I would like it to be noted that this new group has been set-up in response to the closing of AA meetings throughout the country. It is not linked to any existing group and is supported by volunteers across the various groups. Every single penny of the Tradition 7 proceeds will be sent into the AA Ireland service structure.

AA Preamble:

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

The format of this meeting is that it's an hour long step meeting, in which the secretary will share for a section of \_\_\_\_\_ (*AA APPROVED STEP SPEAKER / LITERATURE OF YOUR CHOICE*), followed by related sharing by the members present. The sharing will be completed by raising a virtual hand to show the secretary you're requesting to share. This can be completed by going onto 'Participants' and clicking on the 'More' option. If anyone is having issues please wave at me and we will get you sorted.

We are focusing on step \_\_\_\_\_.

IF LITERATURE BASED - If you're following along with your own book please turn to page \_\_\_\_.

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READ CHOSEN SECTION FOR APPROXIMATELY 5-10 MINUTES.

IF SPEAKER BASED - I'd now like to hand the meeting over to \_\_\_\_\_ who is here to share their experience, strength and hope on step \_\_\_\_\_ .

SPEAKER TO SHARE FOR 20 MINUTES.

Tradition 7 states that every AA group ought to be fully self-supporting, declining outside contributions. In light of the current circumstances, a PayPal account has been set up to receive Tradition 7 contributions. We ask that you bear in mind that AA will be facing new financial challenges. All contributions to this online meeting will be fed directly back into the AA in Ireland service structure. Please send PayPal payments to the PayPal account which has a link provided at the bottom of the website at [www.aa-online.uk/\(yourpage\)](http://www.aa-online.uk/(yourpage))

It's the conscious of this group that people restrict their sharing appropriately to allow as many people to come in and share.

SECRETARY TO CALL ON PEOPLE TO SHARE - AIMING TO FINISH AT (state time five minutes before you are due to close)

Thank you everyone for sharing.

Anonymity is the spiritual basis for all of our traditions. I therefore ask that what you hear here, when you leave here, please let it stay here. Gossip is very damaging and can lead to relapse and relapse can kill so please bear that in mind when you leave.

Once again, tradition 7 states that all groups ought to be fully self-supporting declining outside contributions. We ask that you bear in mind that AA will be facing new financial challenges. All contributions to this online meeting will be fed directly back into AA structure. Please send PayPal payments to the PayPal account which has a link provided at the bottom of the website [www.aa-online.uk/\(yourpage\)](http://www.aa-online.uk/(yourpage))

Before we finish, I'd like to check that everyone is alright. If anyone needs a bit more support, then please reach out! We're all in this together.

I'd like to ask you to all join me in closing the meeting with the serenity prayer:

***God, grant me the serenity, to accept the things I can not change. Courage to change the things I can and the wisdom to know the difference.***

CLOSE MEETING